



INDIANHEAD TRACK CLUB

Mini Track Meets 2011

Tuesday, June 7th, 2011
 Chippewa Falls High School Track, 6:00pm start
 Registration 5:00pm – 5:45pm

Tuesday, August 2nd, 2011
 Chippewa Falls High School Track, 6:00pm start
 Registration 5:00pm – 5:45pm



Events run in this order:
 Predicted mile (no timing instruments allowed),
 800m open, Medley Relay (1200m, 400m, 800m, 1600m),
 3200m open, 400m open

This Indianhead Track Club sponsored event is an effort to sponsor an opportunity where athletes are encouraged to compete against themselves, other athletes and the clock! Day of registration only. Please visit www.indianheadtc.org for more events and a membership form.

For more information please contact: Adam Smit 920-819-9804

Name _____ Phone _____ Gender (M/F) _____

Address _____ City _____ State _____ Zip _____

Age _____ Entry Fee (circle one) \$2 one event \$5 multiple or all events

Events (circle): Predicted Mile 800m Medley Relay 3,200m 400m
 Time _____

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by this guideline. I hereby grant full permission to use my name and any photographs, videotapes, or other record of this event for any purpose. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Indianhead Track Club, the City of Eau Claire/Chippewa Falls, the County of Eau Claire/Chippewa, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____ Date _____

(if under 18, parent or guardian's signature)