INDIANHEAD TRACK CLUB

Mini Track Meet

Tuesday, July 24th, 2018
University of Wisconsin Eau Claire Track – Simpson Field
Registration 5:00 – 5:50pm
6:00pm start

Free!
No entry fee

RRCA
ROAD RUNNERS CLUB OF AMERICA

Events run in this order:
Predicted mile (no timing instruments allowed),
800m open, Medley Relay (1200m, 400m, 800m, 1600m),
3200m open, 400m open

This Indianhead Club Sponsored event is an effort to provide an opportunity where athletes are encouraged to compete against themselves, other athletes, and the clock! Run one, all, or a combination of events. There is no cost but a signed waiver form is required. Day of Registration only. All ages are welcome! Please visit www.indianheadtc.org for more information and events.
For more information please contact
Adam Smit 920-819-9804 or adam.joseph.smit@gmail.com

Name_____ Phone_____ Gender (M/F)_____

Address_____ City_____ State_____ Zip _____

Age_____ Email_____

Events (Circle): Predicted Mile Time_____ 800m Medley Relay 3,200m 400m

I know that running a road race is a potentially hazardous activity, which could cause serious injury. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform in this event, am in good health, and am properly trained. I agree to abide by any decision of the race official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of weather, including heat and/or humidity, traffic, and the conditions of the road/track, all such risks being known and appreciated by me. I understand bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by this guideline. I hereby grant full permission to use my name and any photographs, videotapes, or other record of this event for any purpose. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Indianhead Track Club, the City of Eau Claire/Chippewa Falls, the County of Eau Claire/Chippewa, and all sponsors, their representatives, and successors from all claims or liabilities of any kind arising from my participation in this event, even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature_____ Date_____
(if under 18, parent or guardian's signature)