



1<sup>st</sup> Time Ever (And Maybe Last)

# R U RED E 4 Boston

Half Marathon Prediction Run



Participants can begin running anytime after 7:30 AM on Saturday, March 20<sup>th</sup>, depending on the length of time they predict it will take them to complete the 13.1 mile distance and finish precisely at 10 A.M.

The course is designed to challenge flatlanders. So for the Boston Qualifiers, it makes a perfect training run 4 weeks before the marathon. For those who haven't qualified YET, it's great training for your spring marathon.

Participants will receive a course map. The course will be marked but weather conditions in March can sometimes affect the visibility of the markings. The only volunteers manning the course will be located at the water stops at miles 4½ and 9. NO cell phones, watches, clocks, GPSs or other time-keeping devices are allowed.

Food and beverages are available after the run. Bathroom facilities are located in the school.

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**Saturday • March 20, 2010**  
**Stillson School, Chippewa Falls**

No Registration. Choose your own starting time. Run ends at 10 a.m.

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Let the Race Disorganizer know you are coming – [salm@centurytel.net](mailto:salm@centurytel.net)

**Directions to Stillson School:** Take State Hwy 29 eastbound from Chippewa Falls and exit at County Hwy X (Lake Wissota exit). At the 4-way stop on County Hwy X, take a right onto County Hwy J. Travel about ½ mile and Stillson School is on the left.