



Spring Fever

5K • 10K or 15K Challenge!

Saturday • April 8, 2017 Altoona, WI

10K Starts at 8:30 AM
5K Starts at 10:00 AM

THE COURSE: The 5K is an out and back course on the Lake Road Trail. The 10K is a loop. Both start at Hobbs Ice Center, 2300 Spooner Ave., Altoona.

REGISTRATION: Day-of-race registration and race packet pick up starts at 7:00 am at Hobbs. Registration ends 30 minutes prior to each race. Register online at www.springfever10K.com or mail to John Konkel 3604 Wintergreen CT, Eau Claire, WI 54701. **Make checks payable to: Indianhead Track Club.** Additional questions? Please contact race directors: John (715-864-4944) or Debbie (715-864-4967).

The 15K Challenge!: Run **BOTH** races for an additional \$5! (Only one visor per runner).

AWARDS: Each registered runner will receive a technical racing visor. The first overall male and female runners and the 1st, 2nd and 3rd place male and female in each age division will receive an award.

RESULTS: Posted following the race and available online at www.indianheadtc.org

SELECT DISTANCE:

10K 5K Both

CIRCLE AGE DIVISION:

9 & UNDER	30 - 39	70 - 79
10 - 13	40 - 49	80 & OVER
14 - 17	50 - 59	
18 - 29	60 - 69	

Age on Race Day _____

ENTRY FEE:

Early Registration: \$25 before 3/20/17	\$ _____
Standard Registration: \$35 or	\$ _____
Registration age 18 and under: \$10	\$ _____
Running Both Races: Add \$5	\$ _____
Save \$5 ITC Members (not applicable for 18 rate)	\$ _____
Become an ITC Member and Save \$5 on the race!	
Individual \$20 / Family \$30	\$ _____
Total:	\$ _____

****Visors guaranteed for pre-registered runners.****

Day of race registration will be \$40

First Name: _____ Last Name: _____ M F (Check One)

Address: _____ City: _____ State: _____ Zip: _____

Email: (Stay informed on race announcements): _____

Phone: _____

In consideration of your acceptance of my entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the Indianhead Track Club and all other sponsors and their representatives, successors, and assigns, City of Altoona, and their employees, for any and all injuries suffered by me in this event and verify that I will participate in this event as a footrace entrant, that I am physically fit and have sufficiently trained for the competition and completion of this event and that my physical condition has been verified by a licensed Medical Doctor. I hereby grant full permission to any and all of the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for any legitimate purpose without financial remuneration to me or my heirs or assigns.

SIGNATURE _____ DATE _____