



**INDIANHEAD  
TRACK CLUB**

**Presents...**

# **TORTOISE & THE HARE 2010**

**5 Kilometer Run/Walk**

**THURSDAY, JULY 29, 2010, 7:30 p.m.**

**CHILDREN'S RUN - 7:00 p.m.**

### ***Sponsored by:***



YMCA

We build strong kids,  
strong families,  
strong communities.



416 S. Barstow, Eau Claire  
834-5565

FLEET



FEET

402 Water Street, Eau Claire



Brick Oven Bakery  
905 Martin Road, Bloomer, WI

**REGISTRATION:**

**6:00 - 7:15 p.m., Eau Claire YMCA, 700 Graham Ave.**

**ENTRY FEE:**

\$15 advance, \$20 day of event. \$5 discount for ITC members.  
Children's Run is free. Entry fee includes T-shirt, refreshments,  
Sammy's Pizza, Bohemian Ovens Bread, and awards  
Advance registration guarantees 2010 T-shirt. Same day registration  
may receive previous year's t-shirt.

**COURSE:**

Point to point, starting at Demler Park on Putnam Dr., finish in  
Owen Park. Children's Run Demler Park.

Mail Advance registration to: Fred Hable, 920 Oxford Ave., #8, Eau Claire, WI 54703.  
Make checks payable to Indianhead Track Club. For more information, phone 835-5897  
days, 835-2909 evenings.

Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_ ITC MEMBER? \_\_\_\_\_  
Address \_\_\_\_\_ Telephone \_\_\_\_\_  
City/State/Zip \_\_\_\_\_ T-Shirt Size \_\_\_\_\_

In consideration of the acceptance of my entry, I do hereby waive and release any and all claims whatsoever for injuries or damages I may incur as  
a result of my participation in this athletic event, and I do hereby covenant not to sue any sponsor, associate volunteer, property owner, or anyone else  
connected in any way with this event. I verify that I have full knowledge of the risks involved in participating in this event and that I am physically fit and  
sufficiently trained to participate in this event. This waiver and release shall bind my heirs, personal representatives, administrators and their successors.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_  
(If under 18, parent or guardian's signature)