

**INDIANHEAD TRACK CLUB
BOARD MEETING MINUTES (Final)
WEDNESDAY, JANUARY 8TH, 2014
DOOLEY'S PUB, EAU CLAIRE, WISCONSIN**

Members Present: Heidi Dubberke, Matt Evans, Fred Hable, Cindy Korbol, Traci Messner, Tom Langley, Wayne Linderman, Mike Olson, Mike Salm, Pat Toutant, Laura Veach, Paul Wagner (presiding), Josh Webb, Heidi Zielke (recording), and Wade Zwiener.

Announcements/Board: Our new President for 2014-2015, Paul Wagner announced the new and returning board members for this year:

President: Paul Wagner

Vice President: Laura Veach

Treasurer: Cindy Korbol

Secretary: Heidi Zielke

Web Master: Mike Salm

Board Members at Large: Mike Olson, Traci Messner, Heidi Dubberke, and Dave Carothers

Paul also expressed the club's gratitude to the outgoing officers and board members: Past-President Wade Zwiener, and board members at large: Mike Wieser, Barb McKinley, and Wayne Linderman.

2014 ITC Race Dates: Paul announced the dates for our ITC sponsored races this year:

Spring Fever—April 12th, 2014. Director Mike Olson.

Tortoise and Hare—July 30th, 2014. Director Heidi Zielke.

Carson 5 & 10—October 25th, 2014. Director Wade Zwiener.

Frigid 8 & Thermal 3—December 6th, 2014. Director Brian McAllister.

We are continuing to work on dates for the 2 mini track meets to be held this summer.

Eau Claire Marathon: Pat Toutant, the new director of the Eau Claire Marathon came to our meeting to speak to us regarding a potential joint effort to help promote, endorse and assist in this event. Pat stressed that he hoped that this would become a community event and not just a race. He is also hoping that this event will help promote a healthier lifestyle in the community as well.

The event appears to be building in momentum. They currently have over 350 entries received, plus the first wheelchair application has been received. This is significantly ahead of last year.

ITC is helping to build momentum towards the event with our Saturday morning training runs scheduled for the 16 Saturdays preceding the marathon.

There will no longer be a 2 mile event, but will feature a 5K, half-marathon, full marathon and full marathon 4 person relay.

Tom Langley assisted with developing the course and certifying it. There is no longer a railroad issue, however 2 bridges were added. There has been good response/support from the City of Eau Claire.

A beer and food tent was added this year. Festival foods will handle the food. Food will be served from 0900-1500. Beer \$3.00/Root Beer-Milk-Bottled Water \$1.00/Hot Dogs and Brats \$2.00. All proceeds will go to area charities. Park Ridge Beverages will handle the beverages and the American Legion will run the beer tent.

Mayo Clinic Health System is providing all of the medical people for this event.

Sponsors for the event include: WQOW, Ken Vance Motors, Festival Foods, Mayo Clinic Health System, Clarion Hotels, Charter Bank, and Scheels.

There will be a spaghetti feed the day before the event priced at \$9.00.

The expo will be held in 8,000 square feet at Scheels at the mall. Packet pick-up will be held there, as well as having displays, health fair stuff, etc. We should try to have a membership booth there.

The t-shirts are tech shirts—will be great for runners and volunteers. Pat is looking for club members to be pacers for the event. These folks would be expected to wear the official marathon shirt during the event and to participate in the Saturday morning training runs.

Prize money will be: \$500.00 to winning M and F of the marathon and \$250.00 to the winning M and F of the half-marathon. There will be other prizes and gift cards as well.

14 of 18 water stations are filled. We will sponsor mile 25's water station again. Heidi Z. and John Q. will work on getting volunteers/set-up. There are 99 intersections marshal positions to be filled—this should be complete by next week.

Pat's daughter will provide free photography at the event. Boy Scouts will bring their bouncy house and set-up at Carson Park.

Anderson Race Management of Edina, Minnesota will be consultants. Active and Forte will be registering runners. Have done lots of advertising: active, Runners World, etc...

3 bands have already been lined up. Pat is currently working with another couple of bands that are very good and open for main-liners. Bands will play from 0900-1500. One will play at Carson Park and will have a couple out on the course.

U of Minnesota is coming again with 119 participants!

Opening Ceremony 0700

5K 0830

Half 0815

Full/Relay 0730

Training Sessions: Matt Evans is leading the ITC efforts to have 16 weekly training runs to help runners prepare for the Eau Claire Marathon and Half Marathon. The runs generally be on

Saturdays at 8:15 AM at the Owen Park tennis courts, and are targeted toward novice runners preparing for the half marathon. Interested runners can run extra loops with the regular ITC Owen Park group.

Quarterly Fitness Clinics: Wade Zwiener will be coordinating quarterly fitness clinics in 2014 in conjunction with Scheels and other local fitness business and organizations. The first one will be January 18th at the Carson Park Logging Museum at 10:00 AM, just following the first ITC weekly training run for the Eau Claire (Half) Marathon.

Banquet: Traci Messner reported that plans are proceeding for the ITC Banquet in February, with Carrie Tollefson as the featured speaker.

Equipment Issues: Tom Langley is working on assessing and prioritizing ITC equipment needs, and will have a full report and recommendations at the February meeting.

Spring Fever races: Race director Mike Olson reported, through Paul Wagner, that plans are proceeding for the April 12th races, and he'll have more information in February.