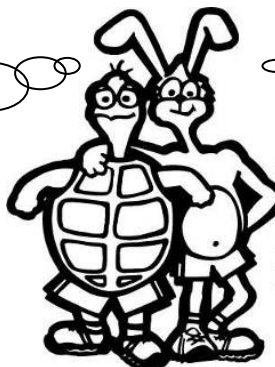


Runners and walkers of all abilities welcome. Come join the fun!

Join now and you're in for the remainder of this year and 2010!



INDIANHEAD TRACK CLUB

* ITC Race Discount * Bi-Monthly Newsletter * Email Updates
 * Discounts at Running Stores * Annual Picnic * Annual Banquet
 Check us out at www.indianheadtc.org

- ◆September-Beer and M&M's Fun Run ◆October-Carson 10 and 2
- ◆December-Frigid 8 and Thermal 3 ◆January-New Years Day Fun Run
- ◆April-Spring Fever 6 and 2 ◆June-RCU Charity Classic ◆July-Water Street Mile
- ◆July-Tortoise & Hare 5K

MEMBERSHIP FORM 2009-2010

NAME(S)

ADDRESS

CITY/STATE/ZIP

HOME PHONE

EMAIL

Membership Fees	Price	Your Cost
Student	\$10	
Single	\$15	
Family	\$25	
Benefactor	\$	
Total		

I am interested in helping with:

- ITC Races (e.g. course worker, registration, timing, etc.)
- Banquet Committee (Jan.)
- Children's Running Program
- Newsletter (Mailing, Writing, etc.)
- Race Direction (lots of help available)
- Summer Picnic (July)
- Membership Committee

Make check payable to **Indianhead Track Club (ITC)**
 Mail to: ITC, c/o Paul Wagner, 120 S. Michigan St., Eau Claire, WI 54703